

Contact Lens Care and Information Form

Contact Lens Fitting

Any patient who is changing lens brands (or any new patient who is unsure of what brand/prescription of their current contacts) must have a new fitting. The goal of the fitting process is to find a lens that provides the best vision and comfort for the individual (separate fitting fees apply). Follow-ups are required to complete the fitting process and it is the patient's responsibility to make sure the fitting is completed within 90 days; if one fails to do so, additional fees may apply. A contact lens prescription will be finalized when the patient and the doctor are satisfied with the vision, fit, and comfort of the lens. Not all lenses are approved for overnight wear and even if there is an FDA approval for overnight wear risk of infection and vision loss increases. **Fitting lenses will only be dispensed at the time of the original examination and at scheduled follow-up appointments when a change is required. Diagnostic lenses will NOT be dispensed at any other times.**

INITIALS _____

Contact Lens Training

Contact lenses are labeled as a medical device by the FDA due to the fact it comes in contact with the eye; therefore, as a first time wearer must receive personalized instruction on care and handling prior to dispensing lenses. You must be able to insert and remove your lenses in the presence of your instructor before leaving with them. The amount of time needed varies and depends on the individual as well as the type of lens needed, we recommend budgeting an hour of time. If you are unsuccessful in either insertion/removal during your initial class, you may reschedule and return for a second time. If you are unsuccessful during that training, you and your doctor will discuss your options; including, revisiting contact lenses the following year. Service fees as well as all professional services are non-refundable regardless of outcome.

INITIALS _____

Follow-Up Visits

Follow-up visits are essential to successful contact lens wear and optimal eye health. Always wear your contact lenses to the office and have them in for at least 3 hours prior to your appointment.

Products Prescribed by Dr. _____

Contact Lens: _____

Replacement Schedule: 1 Day 2weeks 1 Month Other: _____

Cleaning Solution: Opti-Free Replenish ClearCare BioTrue Other: _____

First-time contact lens wearers should wear lenses for no more than 4 hours the first day then increase 2 hours each day until you reach the maximum wear time of 12-16 hours.

- *Wash your hands thoroughly before inserting and removing your contact lenses.
- *Fresh water, bottled water, tap water, or saliva should NEVER be used to wet, clear or store your contact lenses.
- *Clean your contact lens case once a week with soap/water and a toothbrush – replace every three months.
- *Wear your lenses **exactly** as prescribed by your doctor. Everyone has individual oxygen requirements, therefore wearing time will not be equal for all patients.
- *If at any time you experience excessive irritation, discomfort, redness, itching, haloes, foggy vision or excess mucous discharge, remove your lenses and call the office.
- *Contact lens use is a privilege. If you cannot comply with the Doctor's instructions contact lenses may be discontinued and not prescribed.

I agree to follow all instructions (written and oral) regarding contact lens handling, care and follow-ups.

Kroll and Lighthouse Optometry
118 California Ave
Reno, NV 89509

Patient/Parent or Legal Guardian signature

Date